

# WISE WARRIOR WOMAN

*sacred expansion immersion*

A 5 -Month Transformative Experience  
with

*Carissa Bennett*



# *Immersion Features*

Intimate 5-Month Group Program with Max 8 Participants

Bi-Weekly Online Training/Transmission

Bi-Weekly Online Sister Circles

2x Night Sisterhood Sleepover Event Held in Melbourne\*

Behind the scenes Quantum Energetic Alchemy

Private Facebook Support Group

Personalised Sacred Vibrational Plant Potion

\*Dates and accessibility of live event pending availability to travel due to CV.  
If you're concerned about not being able to travel to Melbourne, jump on  
a call anyway and we can discuss if an opt out option is best for you.

## *Online Transmissions*

Bi-Weekly live online webinar workshop transmissions from the comfort of your own home. Receive lifetime access to recordings. Sessions will go for 30-60mins.

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## *Online Sister Circles*

Come together with your sisters to participate in bi-weekly 90-minute online sister circles including quantum group coaching with Carissa. Held via Zoom. Recordings will be made available to anyone who can't join us live.

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## *Sisterhood Sleepover Event*

Intimate 2-night sleepover event with practices and activities, held in Melbourne. One night in and one night out with your sisters to celebrate the transformation, expansion and sisterhood.

Accommodation included. Some meals supplied.

\*Flights and additional expenses not included..  
\*Dates pending availability for travel regarding Rona...

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## *Quantum Energetic Alchemy*

You will receive behind the scenes energetic quantum alchemy and support completed by Carissa, to assist with transformation and integration over the 5-month duration.

## *Private Facebook Support Group*

You will have access to an intimate private Facebook group with your sisters in the immersion. This space is created for sharing wins, shifts, questions and support for one another. Group will receive full support of Carissa throughout the immersion.

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## *Personalised Sacred Vibrational Plant Potion*

Created and supplied by Anita Loveriche at Empress Sorority.  
Made specifically with the essences of the Wise Warrior Woman to support in integration of the transformations occurring throughout the immersion.  
Potions are also personalised to the individual women in the group.



# Content Outline

## *The Connected Woman*

- Release identities that hold you back so you can be re-birthed as the woman you so powerfully choose to be.
- Become part of a sacred sisterhood a be held, witnessed, supported and celebrated for becoming more of who you really are.
- Activate your own channel of ascension to connect more deeply with the wisdom of your soul and the universe.

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## *The Wise Woman*

- Reconnect with God, your intuition and your soul team to rediscover your inner compass so you can truly become your very own guru.
- Call back your inner God/Goddess and ignite self parenting codes so you have the power to self-soothe and hold yourself through anything.
- Embody greater discernment so you're able to channel in with great precision what is in your highest good and the highest good of those around you.

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## *The Expressed Woman*

- Deactivate 'nice-girl' and 'good-girl' templates and call back your powerful essence of the Divine Goddess.
- Step into speaking your truth from your soul (when aligned) and take bold leaps in alignment with the most empowered, expressed version of yourself.
- Grow deeply in love with your Self so you can show up as the unique woman that you are.
- Activate and embody your unique soul expression and shine your inner light brighter than ever.

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## *The Warrior Woman*

- Cultivate the courage to move through barriers and fears that have been holding you back from discovering your very own heaven on earth.
- Relinquish unhealthy masculine/feminine warrior coding and embody the divine nature of a true, heart centred warrior.
- Activate inner Divine Union and embody deep states of inner harmony with the feminine and masculine states of Self.
- Establish powerful and healthy boundaries so you can rule your own world.

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## *The Confident Woman*

- Remove false templates and codes planted and gridded into women's fields and come back into your most sacred nature as an embodied woman.
- Cultivate a sense of self love and confidence that oozes from your being out into the world around you.
- Embody the essence of what makes you so magically and uniquely you so you can walk with the badassery of a woman who knows her worth, is centred in herself, stands tall and leads from her heart.
- Anchor fully into your own channel of ascension so you can hold your unique soul-signature blueprint throughout everything you do.

# Deluxe Package Upgrades

## Wise Warrior Woman Deluxe

- Receive 5x 90minute private quantum alchemy and mentoring sessions with Carissa to personally fully align to and anchor in your Wise Warrior Woman templates and Heaven on Earth reality.
- 5x Personalised Sacred Plant Medicine Potion from Empress Sorority. Includes 5x 30minute calls with the Merlines herself to create the perfect potion for your specific desires.

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## Sacred Business Blueprint Architecture Upgrade

- Receive 5x 90minute private quantum alchemy, business blueprint architecture and mentoring sessions with Carissa to personally fully align to and anchor in your Wise Warrior Woman templates, Heaven on Earth reality and business expansion.
- 5x Personalised Sacred Plant Medicine Potion from Empress Sorority. Includes 5x 30minute calls with the Merlines herself (Anita) to create the perfect potion for your specific desires.
- One Deluxe Private Day with Carissa in Melbourne



# Past Client Testimonials

"Carissa is an AMAZING AMAZING coach who GETS IT. I have had the honor of working with her both in a group capacity and 1:1 and my favorite part of working with her is that I always feel SO SEEN for who I am and what I am saying.

She has this ability to accurately read the people she is coaching without interposing her own filters onto them. Every time I have listened to her coach others I've had AHA's and when she's worked with me personally I've had MASSIVE AHA's and EXPANSIONS!

She's a beautiful soul who is so kind and cares deeply about the people she coaches. I feel seen and valued as an individual in working with her. She's a phenomenal quantum healer, a heart-centered coach who is brilliant at what she does. She's helped me deeply with my marketing, content, emotional release, embodiment, and so much more.

YOU WANT CARISSA ON YOUR TEAM!"

Lindsay Carricarte-Jones  
Intuitive Coach



"Carissa is incredible at what she does, I can't recommend her highly enough. I have worked with many coaches over the years and within a 20min conversation she got into a deep root issue and dissolved it by having the courage to say things to me no other coach had said. Her support, coaching and teaching has been so very valuable and helped me to up level my business and myself massively. Carissa has the most beautiful soul aligned strategy and she is also a beautiful emotional support to have by your side as you take the journey to make your dreams come true."

Jacinta K Louise  
Evolution Coach & Healer



"My only hesitations before signing up to work with Carissa was the doubt that it would be another course/program/ 'thing' that I would spend a pile of money on and get no results.

I shouldn't have worried though; from the first time we chatted I knew I had finally found 'the one'. Carissa has helped me and my business in many ways including:

- Leaving the part-time job I didn't love and now work in my business full time
- My website is now converting stalkers into clients.
- Created my signature program that my clients are lining up to join.

With Carissa's belief in me and my business, I have felt a huge energetic shift and this has improved more than just the amount of money I earn; it's affected my health, my home and my relationships. I would recommend Carissa to anyone and everyone seeking the chance to level-up and get paid to do what they love."

Kerryn Nilsson-Linne  
Holistic  
Nutritionist & Eating Psychology Coach



# Want to know more?

This is an invitation only immersion with a maximum of 8 participants so please book a chat with me via the button link below and we can discuss deeper about your vision and goals to see if or how I can support you in the highest.

I have a few options for working together and I wish to match the most aligned option for you

I look forward to chatting with you soon.

Love, Carissa x

[Book Your Chat](#)

